

EDUCATION

POSTDOCTORAL DEGREE

Alliant International University

California School of Professional Psychology, San Francisco, CA

APA Accredited Program

Degree: Postdoctoral Master of Science (MCSP)

Major: **Clinical Psychopharmacology**

Jan 2018 -
Present

DOCTORAL DEGREE

Florida School of Professional Psychology

Argosy University, Tampa, FL

APA Accredited Program

Degree: Doctor of Psychology Program (Psy.D)

Major: **Clinical Psychology**

Clinical Research Project: Eating Disorders in Men: A Critical Review and Treatment Implications

Sep 09, 2009-
Oct 19, 2016

Nebraska Internship Consortium in Professional Psychology

Creighton University, Omaha, NE

APA Accredited Program

Pre-doctoral Internship

Aug 1, 2014 –
July 31, 2015

MASTER'S DEGREE

Florida School of Professional Psychology

Argosy University, Tampa, FL

Degree: Masters of Arts

Major: **Clinical Psychology**

2009-2011

University of Pennsylvania

Philadelphia, PA

Degree: Masters of Philosophy in Education

Major: **Professional Counseling**

2008-2009

University of Pennsylvania

Philadelphia, PA

Degree: Masters of Science in Education

Major: **Psychological Services**

2007-2008

BACHELOR'S DEGREE

University of Massachusetts

Amherst, MA

Degree: Bachelor of Arts

Major: Psychology

Major: Sociology – Area of Concentration: Criminal Justice

Minor: Education

2003-2007

LICENSES AND CERTIFICATES

Florida Out of State Telehealth Provider Dec 2019
Registration #9

Licensed Psychologist in the State of Connecticut Apr 2017
License Number: 3642

National Register Health Service Psychologist Aug 2017
Registrant ID: 55696

CLINICAL EXPERIENCE

Nourish The Heart Counseling Nov 2019 – Present
New Haven, CT and online

Owner

Responsibilities: Provides individual counseling specializing in eating disorders and substance abuse to clients both in-person and through telehealth services.

Turnbridge Addiction Treatment Center Jun 11, 2018 - Present
New Haven, Ct

Director of Eating Disorder Services

Responsibilities: to provide management to the entire staff and clinical supervision of the treatment team in the Outpatient Eating Disorder Program. The Program Director provides oversight of program design, clinical documentation, and Utilization Review matters. The Program Director consults with clinical management team on an as needed basis to ensure the healthy functioning of the program and clinical treatment of its participants. Help design an Outpatient Eating Disorder program and monitor for efficacy. Review level of care assessments and work collaboratively with Admissions Coordinators. Participate in the interview process in a collaborative fashion to determine the appropriateness and qualifications of prospective staff members. To provide adequate and ongoing training of facility employees, and sufficient oversight/supervision to ensure that all services are in keeping with the Turnbridge Mission. Completes utilization reviews, oversees primary therapist process of utilization review and assists in the process of assuring that all client stays are covered in some way. Ensure full adherence to the policy and procedure manual. Ensure adherence to health code policies, CARF and licensing regulations. Provide oversight of any/all audits as necessary. Maintains a client caseload and assigns client cases based upon match with each therapist, provides individualized treatment for each case. Provides individual and family therapy, leads process group and/or any additional clinically oriented groups on an as needed basis. Provides oversight of all other groups conducted. Participates in the marketing plan as requested. Maintaining collaborative relationships with outpatient treatment team professionals. Conducting facility tours for professionals in the community or families as necessary.

Supervisor: Jonathan Lowe, APRN

Eating Disorder Recovery Specialist Jul 18, 2019 - Present
New York City, NY

Recovery Specialist

Responsibilities: Providing coaching to clients who are struggling with eating disorders. This involves individual meal support, check-ins, and support in other areas such as shopping. Support is provided on a 1:1 basis and can be done in person or virtually.

Supervisor: Josie Munroe, LMFT

University of Southern Mississippi
Hattiesburg, MS

Aug 9, 2017 –
May 16, 2018

Supervisory Psychologist

Responsibilities: Provide individual therapy, group therapy and crisis intervention to an ethnically and economically diverse population of undergraduate and graduate students. Supervise doctoral practicum student as well as coordinate training for other practicum students in the counseling center. Program development in regard to eating disorders as well as creation of a postdoctoral fellow position.

Supervisor: Deena Crawford, LCSW

Oct 2017-
Present

Southern Behavioral Medical Associates

Hattiesburg MS

Psychologist

Responsibilities: Provide individual therapy to an ethnically and economically diverse population of adolescents and adults in the Hattiesburg community.

Supervisor: Geralyn Datz, Ph.D.

Aug 10, 2015
– July 31,
2017

Wesleyan University Counseling and Psychological Services

Middletown, CT

Postdoctoral Fellow, Eating Disorder Coordinator and Liaison to Athletics

Responsibilities: Provide individual therapy, group therapy and crisis intervention to an ethnically and economically diverse population of undergraduate and graduate students. Act as the eating disorder coordinator, creating the healthy eating team and the manual for the team. As the coordinator, I created the healthy eating team as well as the manual for the team, I also lead the healthy eating team meetings and provide assessments to students with eating disorders coordinate care within the university as well as make appropriate referrals and coordinate care outside of the university. I am also involved in the development and implementation of a training program for practicum students for the Counseling and Psychological Services Center. Furthermore, I serve as the liaison to students-athletes and coaches, which involves acting as a point of contact and reference for student-athletes and coaches, providing resources and outreach. This position also involves sitting on the University Title IX committee, to provide guidance and programming for the athletic department concerning Title IX concerns. Lastly, I provide primary individual supervision for doctoral level extern as well as supervising all doctoral level externs in assessment. This also includes leading the cognitive assessment seminar and teaching learning disability assessment tools, report writing and helping students obtain academic accommodations.

Supervisor: Jennifer D'Andrea, Ph.D.

Nebraska Internship Consortium in Professional Psychology

At Creighton University

APA Accredited Program

Omaha, Nebraska

Pre-Doctoral Intern

Responsibilities: Providing individual therapy, group therapy and crisis intervention to both undergraduate and graduate students The University was comprised of ethnically and economically diverse clients. I also Participated in the eating disorder treatment team and

Aug 1, 2014 –
July 31, 2015

working with clients diagnosed with eating disorders or disordered eating. Furthermore, I Conducted learning disability, ADHD assessments as well as helping to design a protocol for bariatric surgery evaluation. Lastly, I served as the individual primary supervisor for a master's level practicum student. Further duties included programming and participation in outreach projects and participation in staff meetings.

Supervisor: Thomas Grandy, Ph.D.

Florida Southern College

Lakeland, FL

Advanced Practicum Student

Responsibilities: Provided individual and group therapy to college-aged students from varied socio-economic backgrounds. Clients varied in ethnic background. Students varied in age from 18 to 25 and included a range of sexual orientation. Students were mostly self-referred, but at times were referred by teachers, parents, mental health practitioners, and student services to address academic, behavioral and emotional concerns. Additional duties included intakes, case management, and case conceptualizations.

Supervisor: Carol Ballard, Psy.D.

Aug 2013 –
Apr 2014

Florida Center for Survivors of Torture

Clearwater, FL

Supplemental Therapy Practicum Student

Responsibilities: Provided in-home individual and family therapy to low socio-economic status refugees and asylum seekers. It was a requirement of the program that all clients were either survivors of torture or secondary survivors (family members). Clients' ages ranged from 15 to 57 and ethnicities were identified as Caucasian and Hispanic. Additional duties included providing case conceptualization, designing group therapy models, case management, working with interpreters both on the phone and in person. Performed 6-month evaluations, consisting of background information, detailed information regarding incidences of torture, and assessments.

Supervisor: Cecilia Yocum, Ph.D.

Aug 2012 –
Apr 2013

New College of Florida

Sarasota, FL

Supplemental Therapy Practicum Student

Responsibilities: Provided individual and group therapy to college-aged students from varied socio-economic backgrounds. Clients varied in ethnic background. Students varied in age from 18 to 28 and included a range of sexual orientation and gender identities. Students were mostly self-referred, but at times were referred by teachers, parents, mental health practitioners, and student services to address academic, behavioral and emotional concerns. I also co-led a process group for students who had concerns regarding, eating, body image, and trauma. Additional duties included intakes, case management, and case conceptualizations at weekly team meetings.

Supervisor: Erin Robinson, Psy.D.

Total Accrued Hours: 438.5

Aug 2012-
May 2013

Northside Mental Health Clinic

Tampa, FL

Jul 2011-
Jun 2012

Therapy Practicum Student

Responsibilities: Provided individual and group therapy for outpatient and inpatient adult populations, as well as outpatient adolescents, children, and families. Clients were predominantly from lower socio-economic status and ranged in age from 13 to 52. Clients' ethnicities included Caucasian, African American, Hispanic, and Biracial. Clients were self-referred, referred by parents, family, employment, the foster care system, and other mental health practitioners. I also co-led a group for individuals struggling with mood disorders and intellectual disabilities. Additional duties included case conceptualization, case management, and assessment as needed by the client.

Supervisor: Richard Spana, Ph.D.

Neuropsychological Services of Tampa

Tampa, FL

Jul 2010 –
Jul 2011

Diagnostic Practicum Student

Responsibilities: Completed neuropsychological testing to predominantly low socio-economic clients between the ages of 8-90 years of age. Clients were self-referred, referred through medical practitioners, mental health practitioners, and vocational rehabilitation services. Assessments provided were comprehensive and integrated including intellectual, cognitive, academic, and personality. Reports generated reviewed background materials, interpretation of assessments and a diagnosis. Duties also included providing feedback to clients regarding testing results.

Supervisor: Dr. John Dabrowski, Ph.D.

Intercultural Family Services Inc.

Philadelphia, PA

Sep 2008 –
May 2009

Outpatient Therapy Intern

Responsibilities: Provided individual outpatient therapy to low SES African American clients. Duties also included case management, therapy notes, and report writing.

Supervisor: Robert Wladorczyk, M.A.

J.R. Masterman Laboratory and Demonstration School

Philadelphia, PA

Sep 2007 –
May 2008

Guidance Counseling Intern

Responsibilities: Performed the duties of a guidance counselor: such as college advising, IEP meetings, teacher consultation, behavioral management of students and brief emotional therapy for students grades 5-12.

Supervisor: Claudia Gard, R.N.

The Renfrew Center

Philadelphia, PA

Jul 2007 –
Jul 2009

Counselor

Responsibilities: Led group sessions for residential clients. Supervised meals, provided client contacts, and performed crisis intervention when necessary. Further duties included maintaining and updating therapeutic notes on clients.

Supervisor: Margaret Funari, R.N., M.S.

Northeast Center for Youth and Family (NCYF)

Easthampton, MA

Social Work Intern

NCYF is specialized foster care which focuses its attention on youth who are sexual offenders. Participated in home visits with social workers, and observed group therapy, and case management.

Supervisor: Jennifer Sandova, MSW

Jan 2007 –

May 2007

Lander Grinspoon Academy

Northampton, MA

Reading Intern

Responsibilities: Taught children reading skills. I was also an active participant in the classroom and provided support for the lead teacher. I performed read-alouds and some reading inventories.

Jan 2007 –

May 2007

TEACHING EXPERIENCE

Adjunct Professor

Albertus Magnus College

Graduate Psychology

May 2019 –

Present

Courses Taught (Master's level)

Psychopharmacology

Adjunct Professor

Purdue Global Online

Graduate Psychology

July 2017 –

Dec 2019

Courses Taught (Master's level)

Psychopharmacology

Adjunct Professor

The University of Hartford

Graduate Program in Professional Psychology

Hartford, Ct

Jan 2016 –

June 2017

Courses Taught (Doctoral Level)

Substance Abuse Theory and Intervention

Group Psychotherapy

Courses Taught (Master's level)

Multicultural Psychology

Courses Assisted (Doctoral level)

Statistics and Research Methods I

Statistics and Research Methods II

Clinical Interviewing

Courses Assisted (Undergraduate)

Social Psychology

Introduction to Psychology

DOCTORAL DISSERTATIONS (COMMITTEE MEMBER)

Ongoing (3):

- Scilese, Pamela** The Impact that Eating Disorder Co-Rumination has on Recovery.
- Sands, Paula** Providers Likelihood of Reporting Domestic Minor Sex Trafficking
- Heavens, Ashley** Animal Assisted Intervention: An examination of the incorporation of animals in the therapeutic process.

SERVICE AND COMMITTEES

- International Association of Eating Disorder Professionals – New Haven/Hartford Chapter Secretary.** Dec 2019
Manage meeting notes and organizing information for the chapter.
- Supervision Group** March 2019
Organized and gathered other counseling professionals to meet at least monthly to discuss supervision and consultation concerns.
- Div 17 Volunteer Proposal Reviewer for 2020 APA Conference** Dec 2019
Read and rate proposals for the 2020 APA conference. Submit reviews to Division 17 committee.
- Div 17 Volunteer Proposal Reviewer for 2018 APA Conference** Dec 2017
Read and rate proposals for the 2018 APA conference. Submit reviews to Division 17 committee.
- APA Society of Counseling Psychology Section on College and University Counseling Centers (SCUCC) Division 17 Membership Committee** Nov 2016 – Dec 2018
Member
Participate in monthly meetings and help generate and implement ideas to increase requirement and participation into the division.
- Florida School of Professional Psychology** Oct 2012 – Oct 2013
Tampa, FL
Student Psychological Association, Treasurer
Treasurer for the Student Psychological Association (SPA). In charge of finances for SPA, managing other students regarding weekly sales. Helped coordinate and plan the spring party involving faculty and staff. Helped to organize and facilitate participation in multiple community events.
- Florida School of Professional Psychology** Sep 2010 – May 2014
Tampa, FL
Student Psychological Association
Student Mentor
Acted as a mentor to first-year doctoral students. Assisted in orienting new students to the program and the local area. Provided support and shared prior experiences to help new students adjust to the transition into graduate school. Remained available to mentees after the conclusion of their first year for consultation on program-related experiences.
- Survivor Tails Animal Rescue** Dec 2016 - Present
Hull, MA

Online Fundraising Coordinator

Use social media to raise funds for an animal rescue. Help promote foster and adoption opportunities.

OUTREACH AND WORKSHOPS

Rathbun, E. & **Zelikovsky, J.** (2019, October). Combating a war on the war on obesity: Internalized fat phobia in you, healthcare, and the world. Presented at the Connecticut Psychological Association Conference, CT

Reif, A & **Zelikovsky, J** (2016, September, 30) Roundtable discussion on challenges faced by college counseling centers. Presented at the NEDA Conference, Chicago, IL.

Zelikovsky, J (July 2016) Self-care workshop for McNair scholars. Workshop presented to the McNair Scholars at Wesleyan University, Middletown, CT

Zelikovsky, J (April 2016) Screening and panel discussion of *The Mask You Live in*. Presented at Wesleyan University, Middletown, CT.

Zelikovsky, J (April 2016) Screening and panel discussion of *Miss Representation*. Presented at Wesleyan University, Middletown, CT.

Keating-Scherer, A. & **Zelikovsky, J.** (Feb 2016). Panel on Eating Disorders. Presented at Wesleyan University, Middletown, CT.

Keating-Scherer, A. & **Zelikovsky, J.** (Feb 2016). Let's talk about eating disorders. Discussion presented at Wesleyan University, Middletown, CT.

Keating-Scherer, A. & **Zelikovsky, J.** (Feb 2016). Screening and discussion of *The Mask You Live In*. Presented at Wesleyan University, Middletown, CT.

Zelikovsky, J. (Nov 2015) Mental Health First Aid Workshop. Workshop presented to the Student Athlete Committee at Wesleyan University, Middletown, CT.

Zelikovsky, J. (Nov 2015) Body Image, and Self-Esteem Workshop. Workshop presented at Wesleyan University, Middletown, CT.

Kidkarndee, S. & **Zelikovsky, J.** (Aug 2015). Self-care Workshop. Workshop presented at Wesleyan University, Middletown, CT.

Zelikovsky, J. (April 2015) *Body Image, and Self-Esteem workshop*. Workshop presented at Creighton University, Omaha, NE.

Zelikovsky, J. (April 2015). *Suicide in the LGBTQ Community*. Workshop presented at Creighton University, Omaha, NE.

Brougham, C., Grandy, T., Kelley, M., Moradshahi, M., Tompkins, R., Stockham-Ronollo, S., & **Zelikovsky, J.** (August 2014). *Transitions to College*. Workshop presented to Creighton University, Omaha, NE.

Grandy, T., Moradshahi, M. & **Zelikovsky, J.** (August 2014) *How to deal with stress*. Workshop presented at Creighton University School of Dentistry, Omaha, NE

Zelikovsky, J. Kokseng, K., & Pita, M., (June 2013) *International Adoptions: Challenges, risk factors, and protective factors*. Oral PowerPoint Presentation at the annual Families and Couples Conference, Tampa, FL.

Zelikovsky, J. (May 2013) *Counseling Jewish Clients*. Oral PowerPoint Presentation at the Florida School of Professional Psychology class on Assessment and Treatment of Diverse Populations, Tampa, FL.

Zelikovsky, J. & Brown, C. (November 2014) *Inter-generational transmission of trauma among holocaust survivors*. Poster Presentation at the Annual Diversity Symposium at The Florida School of Professional Psychology, Tampa, FL

PUBLICATIONS

Zelikovsky, J. (2016, September). The simple way to beat procrastination in grad school. [Web log post]. Retrieved from <http://time2track.com/the-simple-way-to-beat-procrastination-in-grad-school>.

Zelikovsky, J. (2015, September, 2). 5 ways to guarantee a successful internship-before it even starts [Web log post]. Retrieved from <http://time2track.com/5-ways-to-guarantee-a-successful-internship-before-it-even-starts>.

SELECTED TRAININGS AND CONFERENCES ATTENDED

National Eating Disorder Association Annual Conference 2016	Sep 2016
National Eating Disorder Association Annual Conference 2017	Oct 2017
Eating Disorders and the Brain, The Renfrew Center of Philadelphia	June 2016
Orthodox Jewish Women and Eating Disorders, The Renfrew Center of Philadelphia	June 2016
Webinar on allergies and Eating Disorders, The Renfrew Center of Philadelphia	Apr 2016
Webinar on Suicide and Eating Disorders, The Renfrew Center of Philadelphia	Mar 2016
Webinar on working with dysregulated teens, The Renfrew Center of Philadelphia	Feb 2016
Disaster Mental Health Response, American Red Cross and the Connecticut Counseling Association.	Nov 2015
National Eating Disorder Association Annual Conference 2015	Oct 2015
Webinar on Binge Eating Disorder, The Renfrew Center of Philadelphia.	Oct 2014
Online training on domestic and interpersonal violence in the military.	Oct 2014
Online training on Identification, Prevention, and Treatment of Suicidal Behavior for Service Members and Veterans.	Oct 2014

Changes in the DSM-V training at The Florida School of Professional Psychology, Tampa, FL.	April 2014
Eye Movement Desensitization and Repetition (EMDR) Level 1 training	April 2014
The Florida School of Professional Development Symposium on Diversity	April 2014
“Psychology and the Other,” At Boston College	Oct 2013

PROFESSIONAL MEMBERSHIPS

Member since 2017

The National Register of Health Psychologists

Member since 2015

Connecticut Psychological Association

Member since 2012

International Association of Eating Disorder Professionals

Member Since 2009

American Psychological Association – Professional Affiliate

Member since 2007

Psychology Honors Society – Psi Chi

Member since 2007

Sociology Honors Society – Alpha Kappa Delta

References

Melanie Leuty Ph.D.

Jennifer D’Andrea Ph.D.

Jonathan Lowe, APRN

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860-685-9143

203-937-2309

APPENDIX A: ASSESSMENT INSTRUMENTS

Cognitive/Academic/Adaptive Functioning

Cognistat
Mini Mental Status Examination (MMSE)
NEPSY, 2nd Edition
Wechsler Abbreviated scale of Intelligence (WASI)
Wechsler Adult Intelligence scale-IV (WAIS-IV)
Wechsler Intelligence Scale for Children-Fourth Edition (WISC-IV)
Wechsler Test of Adult Reading (WTAR)
Woodcock Johnson III Tests of Achievement (WJ III ACH)
Woodcock Johnson III Test of Cognitive Abilities (WJ III Cog)
Vineland Adaptive Behavior Checklist (VABS)
Independent Living Scales (ILS)

Memory and Attention

Brief Visuospatial Memory Test- Revised (BVMT-R)
California Verbal Learning Test-II (CVLT-II) Color Trails Test (CTT)
Children's Color Trails Test (CCTT)
Comprehensive Trail Making Test (CTMT)
Connors' Adult ADHD Rating Scale (CAARS)
Connors' Continuance Performance Test II (CPT-II)
Conner' Rating Scales
Dementia Rating Scale, 2nd Edition (DRS-2)
Hopkins Verbal Learning Test – Revised (HVLRT-R)
Trail Making Test (TMT)
Rey Complex Figure Test (ROCF)
Wechsler Memory Scale, 4th Edition (WMS-4)

Neuropsychological and Visual-Motor

Booklet Category Test (BCT)
Boston Diagnostic Aphasia Examination – Third Edition (BDAE-3)
Boston Naming Test-2 (BNT-2)
Clock Drawing Test (CDT)
Controlled Oral Word Association Test (COWAT)
Finger Tapping Test (FTT)
Grip Strength
Grooved Pegboard
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Speech Sounds Perception Test (SST)
Seashore Rhythm Test (SRT)
Semantic Fluency Test
Tactual Performance Test (TPT)
Trail Making Test A & B
Wisconsin Card Sorting Test (WCST)

Personality/Behavioral/Emotional

Achenbach Teacher Report Form (TRF)
Achenbach Youth Self Report (YSR)
Behavior Assessment System for Children, 2nd Edition (BASC2)
Beck Anxiety Inventory (BAI)

Beck Depression Inventory-Second Edition (BDI-II)
Child Apperception Test (CAT)
Children's Depression Inventory (CDI)
College Center Assessment of Psychological Symptoms (CCAPS)
Conner's Parenting Rating Scale (CPRS)
Conner's Teacher Rating Scale (CTRS)
Draw A Person (DAP)
Geriatric Depression Scale (GDS)
Harvard Trauma Symptom Checklist
Hopkins Trauma Questionnaire
House-Tree-Person (HTP)
Incomplete Sentences Blank
Kinetic Family Drawing (KFD)
Minnesota Multiphasic Personality Inventory, 2nd Edition (MMPI-2)
Minnesota Multiphasic Personality Assessment - 2 – RF (MMPI-2-RF)
Personality Assessment Inventory (PAI)
Roberts Apperception Test, 2nd Edition
Rorschach Inkblot Test (RIT)
Rotter Incomplete Sentence Blank
Sentence Completion
Thematic Apperception Test (TAT)
Trauma Symptom Checklist (TSC)

Assessment of Response Bias and Suboptimal Performance

Test of Memory Malingering (TOMM)